MY BIG FAT MOUTH - Part 1 COMPLAINING

March 3, 2019

OUR MISSION...to see lives changed through a growing relationship with Jesus Christ.

"...and they said to Moses, "Why did you bring us out here to die in the wilderness? Weren't there enough graves for us in Egypt? What have you done to us? Why did you make us leave Egypt?

¹² Didn't we tell you this would happen while we were still in Egypt? We said, 'Leave us alone! Let us be slaves to the Egyptians. It's better to be a slave in Egypt than a corpse in the wilderness!'" Exodus 14:11-12 (NLT)

"Then Moses said, 'When you complain against us, you are really complaining against the LORD." Exodus 16:8 (TEV)

"Do everything without complaining or arguing, so that you may become blameless and pure, children of God without fault in a crooked and depraved generation..."

Philippians 2:14-15 (NIV)

- If you can <u>change</u> your circumstances, <u>do something</u> about it.
- If you can't change your circumstances, <u>change</u> your perspective.

"Now I want you to know, brothers, that what has happened to me has really served to advance the gospel. As a result, it has become clear throughout the whole palace guard and to everyone else that I am in chains for Christ."

Philippians 1:12-13 (NIV)

 You can be <u>gripeful</u> or <u>grateful</u>, but not both at the same time.

"Let all that I am praise the LORD; may I never forget the <u>good</u> <u>things</u> he does for me. ³ He <u>forgives all my sins</u> and heals all my diseases. ⁴ He <u>redeems me from death</u> and <u>crowns me with love</u> and tender mercies. ⁵ He <u>fills my life</u> with <u>good things</u>." Psalm 103:2-5 (NLT)

You are not the center of your story, Jesus is!

Talk it Over

- 1. Why is it so easy to complain and grumble?
- 2. Exodus 16:8. When we complain, who are we really complaining against?
- 3. How does changing our perspective affect our complaints?
- 4. Why does gratitude crush complaining?
- 5. Action Point: Read Psalm 103:2-5. Write down all the good things that God has given you. Take time to pray and thank Him for these Blessings.